

ONE VISION

The Newsletter of California Lightweight Crew

Winter 2001

V-MEN BEARREL THRU FALL RACES

The varsity men started their trek for the 2001 Championship by announcing their intentions to the West Coast community. They lost only once during the fall, to Humboldt State at the Head of the American. But they were vindicated the following day on their home waters when they throttled HSU by 36 seconds to win the Head of the Oakland Estuary. They continued their winning ways by scoring victories at both the Head of the Foster City Lagoon and the Bair Island (formerly Stanford) Fall Regatta, in the process defeating Cal Maritime and Santa Clara University Alumni, among others. Their winning time at Bair Island also happened to be the second fastest time over the course of the day. The varsity four added to the list of victories by winning the Bair Island Regatta as well, defeating Cal Maritime.

The novices followed in their mentors' lead by showing steady improvement through the fall season. They started by finishing third and fourth out of five at the Estuary in the Men's Open Novice Eight. One of the two faster crews being the heavyweight freshman eight from Cal. They improved on that by finishing first and second out of four at the Lagoon and second out of six at Bair Island; again, both in open novice categories.



Our women's crews enjoyed some success this fall as well. The highlight of the season being a finish of fourth out of six in the Bair Island Women's Open Eight (a heavyweight race), missing third by only a second. This result is encouraging considering there are currently three novices in the varsity eight. The varsity four also finished in second place at Bair Island after having struggled earlier in the season.

Last, but by no means least, the novice women of California showed steady improvement throughout the fall, just as their male counterparts did. They struggled in the early part of the season but finished strong, again at Bair Island, by finishing an official fifth out of six in the Women's Collegiate Novice Eight. They rowed the fourth fastest time, and fought a tough duel with the women of Stanford, but were penalized a minute for missing a buoy.

So overall, an outstanding fall season, maybe the best we have had in five years. And the races toward the end of the semester leave us very optimistic heading into the spring season, where the results are much more important and the level of competition much higher. We hope to see you all at the course cheering us to victory!

PROGRAM TO MOVE TO NEW BOATHOUSE

Early in the coming semester, the program is to move into the recently completed Jack London Aquatic Center (pictured). The JLAC is a multi-use facility located on the Oakland Estuary west of Ky Ebright Boathouse on the Oakland shore. The facility was built by the City of Oakland in order to improve the community's access to the waterfront. The Cal Lightweight Crew will lease space in the Aquatic Center along with several other

rowing programs, including Oakland Strokes and Berkeley High School. The City's Department of Parks and Recreation will also operate many of its aquatic programs, including sailing and kayaking, from the site.

The JLAC is a first-class facility that promises to take the program to newfound success. We encourage you all to come down and take a look for yourselves this spring.

ALUMNI FORM ASSOCIATION

This past fall, a small group of recent alumni legally incorporated a non-profit organization for the purpose of developing support for the program. The name of this organization is Friends of California Lightweight Crew (FCLC). The board of directors is currently self-appointed and consists of Miles Cooper ('95) as President, Virgil Curtis ('95) as Treasurer, and Josh Marcus ('95) as Secretary. Other active participants include Sarah Tuttle ('00) and Matthew White ('95). The Mission Statement for the group is printed here, as is the group's contact

MISSION STATEMENT

To further the victories of California Lightweight Crew with moral and financial support through the organization of alumni, family, and friends, thus ensuring the continuation of a program that builds Californians' strength and character.

information. The board pleads for other concerned alumni, especially those of other eras, to become active in the effort to build on the program's current strength.

Friends of Cal Lights plans to continue publishing this semi-annual newsletter, maintaining the program's developing website, hosting an annual alumni day, as well as organizing greater support at regattas. Additionally, it goes without saying that the group

will make great efforts to improve the level of financial support directed to the current athletes.

COACH'S CORNER

An exciting new year is well underway. Returning rowers have settled into their roles as teachers, role models, and the foundation of the program. The novices are starting to get comfortable with knowing which side is port, which side is starboard, and which end is the bow. The coaching staff has finally learned all of the names of their rowers and has settled in for the long road to a championship.

The varsity programs have come back much stronger this year than last. The men have thirteen returning members, versus only five this time last year. While they are young and lack experience, they are highly motivated and are sure to achieve great things as a result of their hard work. The women, who lost four of the six varsity members they had last year, return with five members. A smaller group than we had all hoped for, but a talented and dedicated bunch that is very committed to building the young women's program into a success. They will spend time in both a four and an eight filled out by a few of the more talented novices.

The novice programs have gotten off to a very good start as well. The women number twelve. They have already begun to show a high level of potential for the coming competitions. Led by their captain, Marie Scobel, they have jumped right into their training in an effort to ensure that they are the strongest, most physically fit crew on the West Coast. They have also taken advantage of every minute on the water to learn as much as they can in short order. There are seventeen men on the novice roster and they too have shown great enthusiasm as they learn a new sport. Last year's novices set a high level of expectation that this year's squad is eager to exceed. They are sure to do so if they

can achieve the same level of dedication. Both squads have a long way to go before their first sprint races in March, as do all novices.

The coaching staff has seen many changes. I am the only returning member from last year. Once again, I am coaching the varsity women as well as overseeing the overall direction of the program. Additionally, I have taken on the responsibility of coaching the novice women. I am assisted part-time by Audrey Molina. Audrey joins us after having coached for a year at her alma mater, George Washington University in Washington, D.C. She rowed for four years at GWU as a lightweight, graduating in May 1998. Returning to coach the varsity men is Rich Lapachet, who coached the novice men in the spring of 1999. He also coached previously at Indiana University. Rich is a graduate of San Diego State University and is now a scientific consultant to an Oakland law firm. Rich is currently being assisted with the novice men by Lt. Paul Aquavella. Paul is a graduate of the Naval Academy, where he was a coxswain for four years. He is currently a ROTC instructor on campus. It is a solid staff that has a good mix of youthful exuberance and seasoned experience. I look forward to working with the new members of this year's staff and expect to have a great year.

The 2000-2001 ranks of California Lightweight Crew are the strongest that we have had in recent years. The coaching staff has the knowledge to lead such a large, talented group to much improvement and success on the race course come racing season. I hope that all of our alumni, supporters, and friends are as excited as I am about the upcoming spring. We hope to see you at the course. Go Bears!

FIRST ANNUAL ALUMNI DAY

On Saturday February 24, Friends of California Lightweight Crew will be hosting what it hopes will be the first of many alumni days. The festivities will be held at the newly opened Jack London Aquatic Center beginning at 8:30 A.M. The schedule will include an introduction to the new boathouse and the dedication of a new racing shell. But the main activity of the morning will of course be rowing. Both current and former members of the program will be expected to “suit up” and take to the race course.

The featured race will be the “Challenge of Champions.” We would like to reunite as many members of the three championship crews as possible and find out who really is “the best.” So if you were a part of the '75, '87, or '95 crews please contact us at alumni@cal-lightweights.org to let us know whether or not you can participate. And if you are not a member of one of those crews, don't worry, you'll still get a chance to hit the water.

It should be a great day and a great opportunity to reunite with fellow crewmates that you may not have seen since you graduated.

FLIP CATCHES

- Check out our new website at www.cal-lightweights.org.
- We are trying to build a historical picture gallery on our website. If you have any pictures from when you rowed, please send us a copy so that we can post it.
- We are also trying to build a database of crews and would appreciate any rosters from past years that you would be able to send to us.

HOW TO CONTACT US

Email: alumni@cal-lightweights.org

Mail: Friends of California Lightweight Crew
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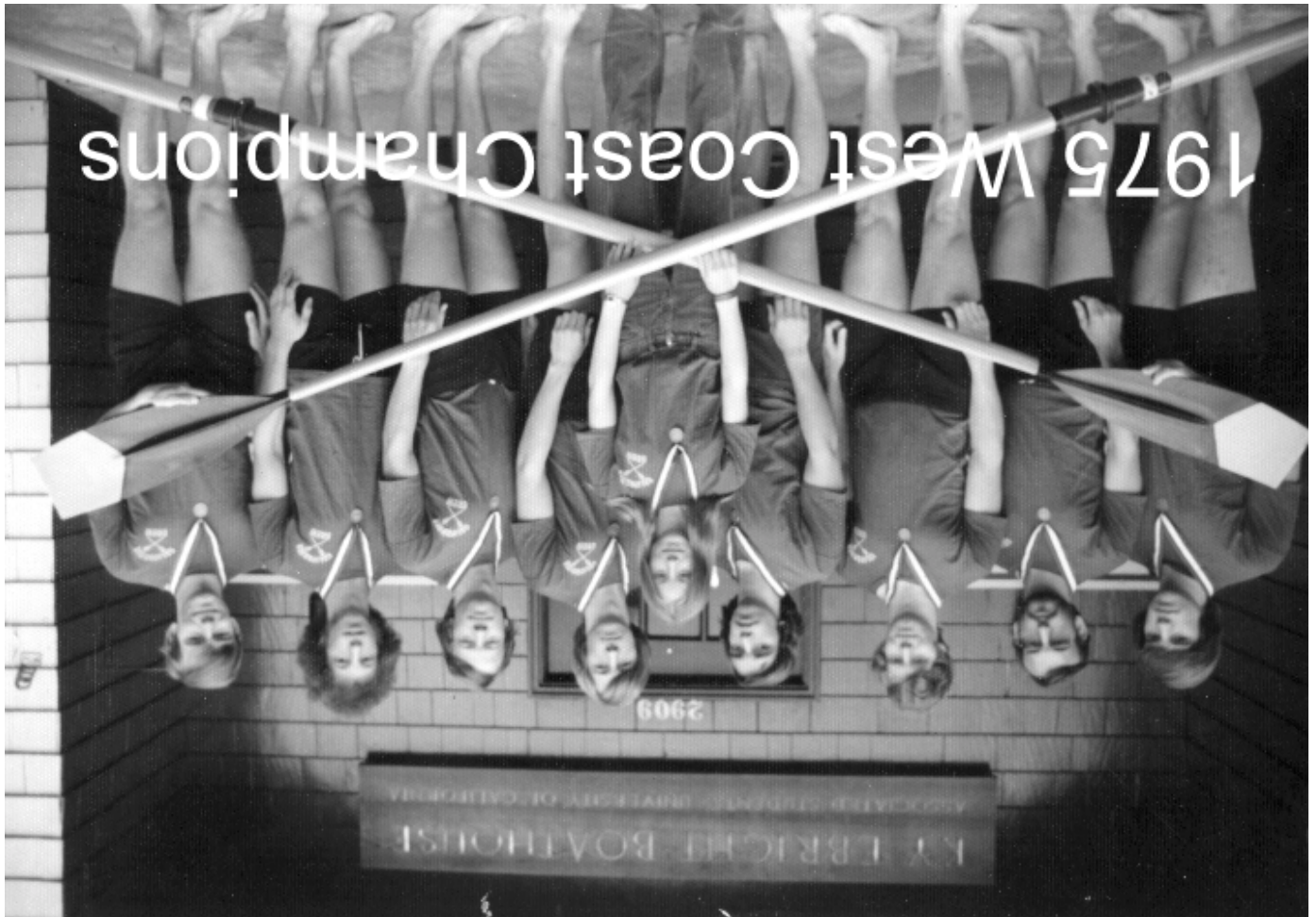
Phone: 510-643-2481

SPRING 2001 SCHEDULE



@ST. MARY'S COLLEGE (SCRIMMAGE)	FEBRUARY 17
ALUMNI DAY	FEBRUARY 24
@CAL STATE-SACRAMENTO	MARCH 3
@UC-DAVIS	MARCH 11
@HUMBOLDT STATE	MARCH 24
@ST. MARY'S COLLEGE (WOMEN ONLY)	MARCH 31
SAN DIEGO CREW CLASSIC (MISSION BAY, SAN DIEGO)	APRIL 7 & 8
ERG-A-THON	APRIL 14
WIRA CHAMPIONSHIPS (LAKE NATOMA, SACRAMENTO)	APRIL 28
ANNUAL AWARDS DINNER	MAY 5
PACIFIC COAST ROWING CHAMPIONSHIPS (LAKE NATOMA, SACRAMENTO)	MAY 12

If race times are available, they will be posted on the website (www.cal-lightweights.org) 24 hours before the event.



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